

**MIFAS**  
by Grecmip

**AO  
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AMERICAN  
ORTHOPAEDIC  
FOOT & ANKLE  
SOCIETY®

[www.grecmip.org](http://www.grecmip.org)

**COURSE DIRECTORS**  
Dr Rebecca Cerrato  
Dr Steven Neufeld

# Basic Course of Foot & Ankle Minimally Invasive Surgery

**NOVEMBER 5th-6th 2021**

**Washington DC - USA**

English Course 

# Basic Course of Foot & Ankle Minimally Invasive Surgery

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Washington DC - USA



## GENERAL INFORMATION



### Dates

November 5th - 6th 2021



### Course Directors

Dr Rebecca Cerrato - USA  
Dr Steven Neufeld - USA



### Venue

MAST surgical training LAB  
6400 Goldsboro Rd. Suite 360  
Bethesda, MD USA  
[www.mastsurgical.com](http://www.mastsurgical.com)



### Language

English Course



### Tuition

Fellows: \$500  
Surgeons: \$1500



### Website

[www.mifas.org](http://www.mifas.org)



### Contact

[contact@mifas.org](mailto:contact@mifas.org)




# SCIENTIFIC PROGRAM

## DAY ONE: Friday November 5, 2021



### INTRODUCTION

7:30 am	Breakfast
7:45 am	Opening Remarks
8:00 am	MIFAS by Grecomip
8:05 am	Anatomy and Percutaneous Surgery: Don't Be Afraid of Burrs
8:15 am	Know Your Instruments
8:30 am	Know Your Instruments (company workshop)
9:00 am	Coffee Break 

### LESSER TOE DEFORMITIES-LECTURES

9:15 am	Anatomy of lesser toes and rays
9:25 am	Definition and deformity types
9:35 am	Soft tissue & bone surgical techniques
9:50 am	Postoperative dressing and care
10:00 am	MIFAS surgical treatment: Is there a consensus in treatment?
10:20 am	Toe deformities: what can we expect from the literature?
	Attendee questions

### LESSER TOE DEFORMITIES-LAB SESSION

11:00 am	SawBones demo
11:10 am	SawBones LAB
11:25 am	Cadaver demo
11:40 am	Cadaver LAB
12:20 pm	Review (cadaveric dissection of lesser toe procedures)

12:40 pm

Lunch




### METATARSALGIA-LECTURES

1:30 pm	Definition & diagnostic approach
1:45 pm	Surgical technique & postoperative care
2:00 pm	Limits & contraindications – MIFAS's indications

### TAILOR DEFORMITY-LECTURES

2:15 pm	Bunionette types & surgical techniques
2:30 pm	Metatarsalgia & Taylor's bunion: what can we expect from the literature?
	Attendee questions

### HALLUX RIGIDUS

2:45 pm	Percutaneous cheilectomy- indications & surgical technique
3:00 pm	Coffee Break 

### METATARSALGIA & TAILOR DEFORMITY-LAB SESSION


3:15 pm	SawBones demo-DMMO, Tailor
3:25 pm	SawBones LAB
3:45 pm	Cadaver demo-DMMO & Tailor
3:55 pm	Cadaver LAB
4:25 pm	Review (cadaveric dissection of lesser toe procedures)
	Attendees questions

# SCIENTIFIC PROGRAM


## DAY TWO: Saturday November 6, 2021



### HALLUX VALGUS-LECTURE

7:30 am	Breakfast
7:45 am	Anatomy of the first ray
7:55 am	Soft tissue release
8:05 am	Akin osteotomy: surgical technique
8:15 am	Percutaneous Chevron osteotomy: surgical technique
8:35 am	MIFAS's indications
8:45 am	Hallux valgus/MIS: what can we expect from the literature?
	Attendee questions
9:00 am	Coffee Break 

### HALLUX VALGUS-LAB SESSION

9:20 am	SawBones demo-Akin
9:25 am	SawBones demo-Chevron
9:35 am	SawBones LAB including fixation
10:05 am	Cadaver demo-Akin
10:15 am	Cadaver demo-Chevron
10:30 am	Cadaver LAB
11:30 am	Review (cadaveric dissection of 1st Ray)
	Attendees questions
12:00 pm	DRESSING-TECHNICAL TIPS VIDEO
12:15 pm	DRESSING TRAINING
1:00 pm	Lunch 

### CALCANEAL OSTEOTOMY-LECTURE

2:00 pm	MICO technique, postoperative care, review of literature
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### CALCANEAL OSTEOTOMY-LAB SESSION

2:25 pm	SawBones demo
2:30 pm	SawBones LAB including fixation
2:45 pm	Cadaver demo
3:00 pm	Cadaver LAB
4:00 pm	Review (cadaveric dissection of calcaneal osteotomy)

### COURSE CONCLUSION

4:30 pm	Complications in percutaneous surgery and how to avoid them
4:45 pm	From easy to difficult: how to introduce percutaneous techniques into practice
5:00 pm	MIFAS by Grencip: Our next steps

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